



JULY 2017

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Message from the Secretary General



Dear Colleagues and Friends,

Happy to come back to you again! We had a very fruitful period of activities during the last three months. The major event

Roy Abraham Kallivayalil during the period was the WPA Inter Zonal Congress at Vilnius, Lithuania 3-6 May 2017. Theme: "Changing Society, Changing Psychiatry and Changing Self". Nearly 500 psychiatrists from 40 countries attended. WPA President Dinesh Bhugra presided. Part of the Congress was held in the Lithuanian Parliament. Minister of Health Aurelijus Veryga and EU Commissioner Vytenis Andriukaitis spoke at the Congress. Hearty congratulations to Ahydas Navickas and his committed team! The WPA Planning Committee met at Florence, Italy on March 31-April 1 chaired by WPA President-Elect Helen Herrman and discussed changes in WPA Statutes and By-Laws. My second visit to the WPA Secretariat, Geneva took place on April 8 and 9, 2017. We had useful planning on the arrangements for WPA Berlin Congress and discussions with Andrea and Steffi of CPO Hanser. Updates on our website and changing our old server to an offsite solution were also discussed.

The biggest event of the triennium is the World Congress of Psychiatry, October 8-12, 2017. Under the overall theme "Psychiatry of the 21st Century: Context, Controversies and Commitment". Visit www.wpaberlin2017.com. WPA has a strong presence in the social media now. Links to all social media accounts are incorporated in our website. Our Facebook page is <https://www.facebook.com/wpanet/>. Please visit our newly designed website www.wpanet.org and kindly send us your valuable comments.

Roy Abraham Kallivayalil
Secretary General
World Psychiatric Association

Message from the President

Dear Friends and Colleagues,

This is my penultimate message to you all as my term draws to a close.

Following the successful launch of **Bill of Rights** for Individuals with mental illness, a **Bill of Rights for children and young people** was also launched. I am delighted to report that it is being circulated. Please get your Association/Organisation to support both the Bills of Rights. These are available on WPA website. A Bill of Rights for individuals with intellectual disability is under preparation.

A survey of discrimination has been completed in Commonwealth countries and will be launched on the 3rd World Mind Matters Day on 4th September 2017. Details of the **international discrimination survey** were published in a special issue of *International Review of Psychiatry* volume 28(4). The contents are available online.

WPA-Lancet commission on Psychiatry report is complete. Copies of the report will be available in the World Congress in Berlin in October 2017.



Chapel Bridge: The Chapel Bridge is a 204 meter (670 foot) long bridge crossing the Reuss River in the city of Lucerne. It is the oldest wooden covered bridge in Europe, and one of main tourist attractions in Switzerland. The covered bridge, constructed in 1333, was designed to help protect the city of Lucerne from attacks. Inside the bridge are a series of paintings from the 17th century, depicting events from Lucerne's history. Much of the bridge, and the majority of these paintings, were destroyed in a fire in 1993, though it was quickly rebuilt.



Dinesh Bhugra

WPA Position Statements on Homelessness and Mental Health and Mental Health in the Work Place are ready and will be available shortly on the WPA website. Please look out for these on the WPA website.

Following two successful **round table meetings** on violent radicalisation (hosted by the WPA Collaborating Centre in London) and another one on early Interventions in Psychiatry (hosted by Hong Kong College of Psychiatrists) the papers from the former are being edited for a special edition of *International Review of Psychiatry*. A very successful Round Table on Migrant Mental Health in Europe was held in Oslo, Norway in March.

The work on setting up **Diploma in Psychological Medicine in collaboration with University of Melbourne** aimed at psychiatrists continues apace and we hope to launch it later this year. We are also working on the Diploma for non-psychiatrists.

We are continuing to look for examples of **good clinical practice** around the world so that we can learn from each other. Please keep them coming. Please check the website regularly and get involved. I look forward to seeing you all in the World Congress in Berlin.

I would like to take this opportunity to congratulate Prof Mario Maj for his stellar contribution to making World Psychiatry number 1 journal in the world.

Best wishes,

Dinesh Bhugra, CBE
President
World Psychiatric Association

General matters of WPA

(including Regional, International and World Congress announcements)

■ WPA INTER ZONAL CONGRESS: VILNIUS, LITHUANIA, 3-6 MAY 2017

Theme: “Changing Society, Changing Psychiatry and Changing Self”. Five hundred psychiatrists and other mental health professionals from more than 40 countries attended. In particular, we need to extend our thanks to Prof. Dinesh Bhugra, the WPA President, whose help in all aspects was invaluable. For their help, encouragement, active participation and input, we would also like to thank WPA President-Elect Prof. Helen Herrman, Prof. Roy Abraham Kallivayalil, Prof. Masatoshi Takeda, Prof. Afzal Javed, Prof. Michelle Riba and Prof. Edgard Belford.



WPA Congress Vilnius: WPA President Dinesh Bhugra, EU Commissioner Vytenis Andriukaitis, and Lithuania Health Minister Aurelijus Veryga on the dais.

For their participation in the Congress, and even more so for the invitation to hold part of the Congress in the Lithuanian Parliament, special thanks are also due to the Lithuanian Seimas (Parliament), together with the Chair of the Committee of Health Agnė Širinskienė and Minister of Health of Lithuania Aurelijus Veryga. As a result, many mental health issues have been brought to politicians' attention and they have been motivated to continue to better understand which direction to carry out mental health care in Lithuania. We are very grateful to the European Union Health & Food Safety Commissioner Vytenis Andriukaitis who gave a plenary lecture about mental health in the European Union together with the Minister of Health Aurelijus Veryga, WPA President-Elect Prof. Helen Herrman and WPA Secretary General Prof. Roy Abraham Kallivayalil.

We are very grateful to Prof. Sam Tyano and Prof. Tsuyoshi Akiyama for their very active participation and comprehensive help. We thank Zonal Representatives Donna E. Stewart, Edmond



Opening of WPA Congress, Vilnius, Lithuania. WPA President Dinesh Bhugra, Lithuania Health Minister Aurelijus Veryga, and WPA President-Elect Helen Herrman are seen in the front row.

Hsin-tung Pi, Silvia Gaviria, Michel Botbol, Jyrki Korkeila, Petr Morozov, Nahla Nagy, David M. Ndeti, Min-Soo Lee, and others. Many thanks for Past Presidents of APA Prof. John Oldham and Prof. Paul Summergrad, who also gave lectures in the Congress. Special thanks are due to Prof. Norman Sartorius who organized the Course for Early Career Psychiatrists and to the Nordic Psychiatric Association Joint Committee for their active participation.



WPA EC meeting at Vilnius Congress. Seen from left to right are: Edgard Belford, Francesca Sotgiu, Michelle Riba, Afzal Javed, Dinesh Bhugra (WPA President), Alvydas Navickas, Helen Herrman, Roy Abraham Kallivayalil, Masatoshi Takeda, and Beatrice Telschow.

We have gained new and useful knowledge that will have a positive impact on the evolution of Psychiatry in Lithuania and are sure the Congress will serve to assist the changing of the negative public opinion towards mental health problems in the country.

Alvydas Navickas
President, Lithuanian Psychiatric Association

To WPA Member Societies

29 June 2017



Helen Herrman

Dear Colleague,

Amendments to WPA Statutes and By-Laws

I am writing to you in my capacity as Chairperson of the WPA Plan-

ning Committee. The Planning Committee has been meeting over the last three years and has undertaken a thorough review of the WPA Statutes and By-Laws. A number of amendments have been prepared by the Planning Committee and approved by the WPA Executive Committee. We hope the changes will modernise and streamline the WPA while being cost-effective.

These amendments will be presented for discussion at the WPA Extraordinary General As-

sembly on the morning of 10 October 2017 during the World Congress of Psychiatry in Berlin. We have already sent you a copy of the proposed amendments in the document entitled "Synopsis" and an Explanatory Memorandum giving further details on each amendment.

Could I ask you, or your relevant Committee, to look through these proposed amendments and to send any comments by September 15th at the latest. Your comments should be sent to: wpasecretariat@wpanet.net. We shall compile the comments received and table them at the Extraordinary General Assembly. In order to facilitate discussion and the duration of the meeting we would ask you kindly to send your comments in advance by the deadline

rather than present them for the first time at the meeting. I look forward to our discussion in October.

With best wishes,

Prof. Helen Herrman

Chair, WPA Standing Committee on Planning and WPA President-Elect

NB: If you have not received a copy of the proposed amendments and the explanatory memorandum, please write to wpasecretariat@wpanet.org for a copy.

From the Secretary for Scientific Meetings



Masatoshi Takeda

Final Programme of the WPA XVII World Congress of Psychiatry is now uploaded

There are only 100 days until the XVII World Congress of Psychiatry at Messe Berlin, Germany, 8–12 October 2017, the most important event of WPA.

The 17th World Congress will be hosted by the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN) under the theme of "Psychiatry of the 21st Century: Context, Controversies and Commitment" in which renowned speakers from all over

the world will give plenary lectures, including Dinesh Bhugra (WPA President, London, UK), Helen Herrman (Co-Chair and WPA President-Elect, Australia), Fabrizio Benedetti (University of Turin, Italy), Prabha Chandra (National Institute of Mental Health and Neurosciences, India), Richard Sennett (New York University, USA), Wolfgang Gaebel (LVR-Klinikum, Heinrich-Heine-University Düsseldorf, Germany), Stephen Scott (Kings College London, UK), Sir Michael Meaney (The Douglas Hospital Research Centre, Canada), Edilma Yearwood (Georgetown University, USA), Andreas Heinz (Charité University Medicine Berlin, Germany), Linda C. W. Lam (The Chinese University of Hong Kong), Jair de Jesus Mari (Federal University of São Paulo, Brazil), Driss Moussaoui (Honorary Fellow, WPA, Morocco), Anand Satyanand (Former Governor General of New Zealand), Martin Bohus (Central Institute of Mental Health Mannheim, Germany), Frank Schneider (University Hos-

pital RWTH Aachen, Germany), Sir Michael Marmot (UCL Institute of Health Equity, London, UK), Peter Lehmann (BOP&P e. V.), and Hilka Kärkkäinen (GAMIAN Europe).

Interesting scientific site visit programmes are arranged in pre- and during Congress: Visit to Munich (6-8 October) (Psychiatric Hospital of the Ludwig-Maximilians University (LMU) with lectures by Prof. Dr. Peter Falkai, Prof. Dr. Oliver Pogarell, and Dr. Robert Perneczky); visit to Heidelberg (6-8 October) will be at the University Hospital Heidelberg with lectures by Professor Herpertz, Professor Fuchs, and Dr. Rotzoll. During the Congress, you may visit the Medical Historical Museum at the Charité in Berlin (11 October), and to the Topography of Terror and T4 Memorial in Berlin (12 October).

Masatoshi Takeda, MD, PhD

WPA Secretary for Scientific Meetings

From the Secretary for Scientific Sections



Afzal Javed

Scientific Sections are continuously involved in different activities related to promotion and dissemination of scientific knowledge around the globe. We

are now a family of 72

Sections and there is still an interest in having more to cover other scientific sub-specialties. During the first half of this year, there has

been a noticeable increase in the number of WPA co-sponsored meetings, joint intersectional activities and other related intersectional accomplishments. Sections' participation in the recently held WPA Inter Zonal meeting at Vilnius, Lithuania, and in the 5th Congress on Neurobiology, Psychopharmacology and Treatment in Thessaloniki, Greece has been outstanding. The Sections have also organized training workshops, round table discussions and educational activities in different meetings along with producing position statements and discussion documents on important topics that correspond to their expertise.

We are preparing a schedule of Sections business meetings at Berlin and hope many of our Sections' proposals will be accepted for the WPA Berlin Congress.

We are optimistic for keeping an on-going enthusiasm of Sections' leadership for their future work especially looking at further contributions to the excellence of scientific knowledge and the development of advanced and pioneering approaches in psychiatric practice.

Afzal Javed

WPA Secretary for Scientific Sections

WPA SCIENTIFIC PUBLICATIONS: BOOKS AND JOURNALS

WPA Secretary for Scientific Publications, Michelle B. Riba, mriba@umich.edu



From the Secretary for Scientific Publications

We are coming to the end of a very exciting triennium, under the leadership of Professor Dinesh Bhugra. The WPA Scientific Publications Committee has been quite active in working with Secretary General Roy Abraham Kallivayalil to uploading open-access journals to the WPA Webpage and we continue to add journals from throughout the world, including recent submissions from Professor Juan Maass from Chile.

Members of the WPA Scientific Publications Operational Committee include Co-chair Dusica Lecic Tosevski; Reinhard Heun, Peter Tyrer, Christopher Szabo, Alfredo Cia, Prabha Chandra, Joao Mauricio Castaldelli-Maia. It has been a privilege to serve with such an outstanding group of dedicated colleagues and we look forward to fulfilling our goals over the next several months.

We have tried to hold presentations at various WPA regional meetings to help young psychiatrists better understand how to get published. In Berlin at the WPA XVII World Congress of Psychiatry, Hussien

Elkholy, Michelle Riba, Felipe Picon, Peter Tyrer, Rajiv Radhakrishnan will be presenting on ECPs Section Workshop on Academic Publishing. Under the leadership of Christopher Szabo and Prabha Chandra and with Peter Tyrer, Dusica Lecic-Tosevski, Joao Mauricio Castaldelli-Maia and Reinhard Heun, there will be a scientific presentation on "Overcoming the Problems of Publication". These two presentations will be wonderful opportunities to discuss a range of aspects regarding publications – obstacles and challenges, as well as ways to be successful.

We continue to appreciate the work of Professor Alfredo Cia in his development and organization of the WPA Ibero-American Library, and for his commitment and dedication to this important repository for Spanish-language scientific texts, supported by the WPA.

Our journal, *World Psychiatry*, under the direction of editor in chief, Mario Maj, M.D., Ph.D. continues to be one of the leading

psychiatric journals in the world. Dr. Maj will be addressing the General Assembly in Berlin in October 2017 where we will receive an update and the latest figures regarding the journal's impact factor. We will also have the opportunity to thank Dr. Maj for his ongoing scientific work and excellence on behalf of the World Psychiatric Association.

Professor Juan Mezzich has edited an extraordinary book on Person Centered Psychiatry, published by Springer, and this is being reviewed for World Psychiatric News. Hopefully this book will be available for purchase in the next several weeks, at the APA meeting in San Diego.

We have a new WPA book coming out published by Springer, Physician Mental Health and Well-Being: Research and Practice, Michel eds. Kirk Brower, MD and Michelle Riba, M.D. This book will be part of the Primary Care Series, series editors Dinesh Bhugra and Michelle Riba.

Michelle Riba, M.D., M.S.

WPA Secretary for Scientific Publications

From the Secretary for Education



Edgard Belfort

I am pleased to report that the proposal of the Secretary for Education of the World Psychiatric Association, the WPA Executive Committee and its President, to create the Task Force to study and lay down the principles and priorities for a framework for training psychiatrists has been finalized. It will be published and sent to scientific societies. The work has been developed by the WPA Operational Committee on Education which met several times in different places and events as Madrid (Spain), Cape Town (South Africa), Cuenca (Ecuador) and Vilnius (Lithuania), with the logistic support of the Foundation "Juan José López-Ibor".

The summary of the interim report of the World Wide Survey of Training Needs and provisions of Psychiatrists, Task Force of Basic Core Curriculum of Psychiatrists to identify the duration, the range, and the types of psychiatric training in different countries of different levels of income reported by national societies of psychiatry, members of the World Psychiatric Association (WPA), will be published in our regular communication networks. I take advantage of these lines, to thank all member societies for their answers.

In addition, we are very happy to report that we have received the proposals for a new online course: "Cultural Competence in Mental Health and Addictions: Working with Culturally Different People", in close collaboration between the Psychiatric Service University

Hospital Vall d' Hebron, the University of Barcelona (Spain), and the World Psychiatric Association accreditation. It will be in English and will start this next July. A first group of 20 professionals is proposed. We look forward to receiving the proposals of more candidates from other WPA components and societies, to start the next group. We hope this activity will be of great academic value.

Finally, I would like to express my gratefulness to my colleagues, members of the Executive Committee, the Operational Committee on Education, and to each member of the various WPA components, for the opportunity and support given to fully serve our WPA institution.

MEETING OF THE OPERATIONAL COMMITTEE AND THE TASK FORCE ON EDUCATION:

Attendants: Edgard Belfort (Venezuela), Maria Ines López Ibor (Spain), Pedro Ruiz (USA), Michel Botbol (France), Silvia Gaviria (Colombia), Marc Herman (Belgium), Virginia Rosabal (Costa Rica), Freedy Pagnussat (Uruguay), Francisco Collazo (Spain), Constantin Soldatos (Greece), Bulent Coskun (Turkey). March 20-21, 2017. Madrid, Spain.

Results: Excellent work group in the final structure of the document. Thanks to each of the participants for supporting their own travel ticket and to López-Ibor Foundation for their collaboration in the logistics of the meeting and hosting the team.

EDUCATIONAL SESSION: WPA Zonal Representatives at the World Congress of the World Association of Dual Disorders

(WADD) & V International Congress of the Spanish Society of Dual Disorders (SEPD) on March 23-26, 2017. Madrid, Spain. "Socio-demographic considerations of substance abuse in child population in Latin America". Results: Excellent. No cost for WPA.

EDUCATIONAL FORUM: Child Violence in the Latin American Context. Central American Psychiatry Association Congress (ACCAP), April 5th to 7th, 2017, San Pedro Sula, Honduras. Collaborators: Edgard Belfort (Venezuela) WPA Secretary for Education, Pedro Ruiz (USA) WPA Past President, Virginia Rosabal (Costa Rica) WPA Zone 3, Silvia Gaviria (Colombia) WPA Zone 4, Freedy Pagnussat (Uruguay) Collaborator. Results: Excellent. No cost for WPA.

DECLARATION DOCUMENT: Declaration of San Pedro Sula. Honduras: Violence in Children and Adolescents in the Latin American context. Signed by the presidents of the Psychiatric Societies of Central America and the Caribbean.

EDUCATIONAL ACTIVITIES: WPA Inter Zonal Congress, Vilnius, Lithuania. Dates: May 3-6, 2017. APA-WPA International Leadership in Psychiatry. APA Annual Meeting 2017. San Diego, California, EE.UU. Marriot Marquis Hotel.

ACCREDITATION: was given to several events.

Edgard Belfort

WPA Secretary for Education

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

■ GLOBAL ACTION PLAN ON THE PUBLIC HEALTH RESPONSE TO DEMENTIA 2017-2025

*Tarun Dua and Shekhar Saxena **

The World Health Assembly in May 2017 adopted the global action plan on the public health response to dementia 2017-2025 <http://www.who.int/mediacentre/news/releases/2017/dementia-immunization-refugees/en/>. World Health Assembly consists of ministers of health of all 194 member states of WHO and is the highest global decision making body in the area of health.

The plan envisions “a world in which dementia is prevented and people with dementia and their carers live well and receive the care and support they need to fulfil their potential with dignity, respect, autonomy and equality”. The dementia action plan specifically highlights the importance of protecting and promoting human rights and providing community-based care and support. The plan emphasizes the need for a multisectoral response to dementia, alignment of dementia actions with those for mental health, noncommunicable diseases, ageing and disability, and balance between dementia prevention, cure and care.

“To achieve the goal of improving the lives of people with dementia, their families and carers, while decreasing the impact of dementia on communities and countries”, the dementia global action plan lists actions in seven strategic areas: making dementia a public health priority; increasing dementia awareness and establishing a dementia-friendly society; reducing the risk of de-

mentia; improving diagnosis, treatment and care for people with dementia; supporting dementia carers; enhancing information systems for dementia and fostering dementia research and innovation.

The dementia global action plan sets out clear actions for Member States, the Secretariat and partners at the international, regional and national levels, and proposes key indicators and global targets that can

intervention guide and global agenda for dementia research prioritisation.

The action plan recognises that Member States, WHO and relevant partners will have to work collaboratively to ensure a comprehensive public health response to dementia. Much of the action will need to take place within countries, especially in low- and middle-income countries where the majority of people with dementia live.



WHO Global Dementia team at the *Seventieth World Health Assembly*. Seen left to right: Katrin Seeher, Tarun Dua, Tania Dussey-Cavassini, Swiss Ambassador for Global Health, Shekhar Saxena, Neerja Chowdhary, Saskia Sivananthan, and Kevin Ramseur.

be used to evaluate overall levels of implementation, progress and impact. To move the dementia agenda forward, WHO is developing practical tools for Member States aligning with each of the seven action areas. These tools include: the WHO Global Dementia Observatory, which will be also used to monitor the progress of the action plan implementation; WHO dementia risk reduction guidelines; the carer training programme iSupport; guidance to enhance diagnosis and management of dementia in primary health care within WHO's Mental Health Gap Action Programme (mhGAP)

Each Member State faces specific challenges in implementing the action areas identified above and therefore the action plan suggests a range of proposed actions that each Member State will need to adapt to the national context. WHO will provide technical assistance to Member States in line with their individual needs and work closely with international and national partners, including professional associations, to implement the plan.

*Department of Mental Health and Substance Abuse, World Health Organization, Geneva, Switzerland

■ JULES ANGST IS THE RECIPIENT OF THE JEAN DELAY PRIZE 2017

The WPA announces that Jules Angst, Emeritus Professor at the Zürich University Psychiatric Hospital, Zurich, Switzerland, is the recipient of the Jean Delay Prize 2017.

The Jean Delay Prize, awarded by the WPA every third year, is the most prestigious prize in



the field of psychiatry. It bears the name of the first President of the WPA, and is awarded to an individual who has made a major contribution in building bridges between biological, psychological and social aspects of psychiatry.

Prof. Angst will deliver a lecture at the Opening Session of the 17th World Congress of Psychiatry, to be held in Berlin, Germany, from 8 to 12 October 2017.

■ JEAN DELAY PRIZE

At the end of last century the Jean Delay Prize was established to honor distinguished colleagues that scholarly bridged the biological, psychological and social sciences underpinning our clinical profession and who veritably emblemized our highest ethical aspirations.

The Jean Delay Prize is the most important award of the WPA: it bears the name of Jean Delay, the President of the first World Congress of Psychiatry (Paris, 1950) and the first

President of our Association. Jean Delay is one of the most important psychiatrists of the 20th century, as he introduced chlorpromazine in the treatment of psychotic disorders and described for the first time the antidepressant effect of isoniazide, both in 1952. In fact, he was both a great scientist and humanist. His eminent disciples include Pierre Pichot, Pierre Denicker and Raymond Sadoun.

The Jean Delay Prize consists of a diploma, a medal and a check for the amount of 40,000 Euros. The awardee is expected

to deliver a lecture at the XVII World Congress of Psychiatry, Berlin, Germany, 8-12 October 2017. From the beginning, a generous unrestricted grant from Servier made this award possible.

Past awardees

Mitsumoto Sato in 2014
Kenneth S. Kendler in 2011
Professor Hans-Jürgen Möller in 2008
Professor Otto Steinfeldt-Foss in 2005
Professor Hagop Akiskal in 2002
Professor David Goldberg in 1999

■ THE LÓPEZ IBOR CLINIC: 50 YEARS OF HISTORY AND EXPERIENCE

The López Ibor Clinic was founded in 1967. Led first by its founder, Professor Juan José López Ibor, then by his son, Professor Juan José López-Ibor Aliño and at present by the Managing Board of the Clinic made up of his four children and a sister. The building, surrounded by gardens, is ideally located on a plot of more than two hectares, right next to Madrid's ring road and is cataloged in the architectural guide of the College of Architects of Madrid.

Juan José López Ibor was a convinced defender of the most up to date clinical explo-

ration techniques. He was the first one to install an electroencephalograph in Spain, a Grass of four channels. The second TAC and the first one exclusively for the brain, was installed in the López Ibor Clinic and afterwards a PET, a PET/CT and a Cyclotron were installed. The first Brain Mapping equipment in Europe has also been installed in this Clinic. It was the third or fourth place in the world that began with the systematic use of Lithium, the first to use Clozapine, depot antipsychotics and it is one of the few institutions dedicated to Deep Brain Stimulation.



The WPA Secretariat and the office of the President were once located at the López Ibor Clinic. Today and for 50 years, the López Ibor Clinic offers comprehensive psychiatric mental health care for out and day patients. In the year 2005, López-Ibor cre-

ated the Juan José López-Ibor Foundation (www.fundacionlopezibor.es) whose headquarters are located in the Clinic. The Foundation is also the depositary of the López Ibor library that has about thirty thousand volumes and publishes the journal “Actas Españolas de Psiquiatría” founded in 1940.

In 2007, the Regional Ministry of Health of the Community of Madrid awarded the Silver Medal to the López Ibor Clinic for its experience in the diagnosis and treatment of mental illness and in 2009 the Mayor of Madrid decided to rename the street into Doctor Juan José López Ibor. Currently,

the López Ibor Clinic is a consolidated and steadily growing institution.
Website: www.lopezibor.com

Prof. María Inés López-Ibor Alcocer and team

■ WORLD PSYCHIATRY - NO 1 JOURNAL

The new impact factor of World Psychiatry is 26.561, consolidating its position as no. 1

among psychiatric journals worldwide! This official Journal of WPA is the most widespread psychiatric Journal in the world reaching more than 40,000 psychiatrists.
Editor: Professor Mario Maj, Naples, Italy.

The journal is also now no. 1 in the overall Social Science Citation Index (SSCI) category.

Upcoming WPA Major Scientific Congresses

WPA Secretary for Scientific Meetings, Masatoshi Takeda, m-takeda@aino.ac.jp



■ WPA WORLD CONGRESS OF PSYCHIATRY 8–12 OCTOBER 2017 BERLIN, GERMANY

This year's congress highlight will be jointly hosted by the World Psychiatric Association (WPA) and the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN). Meet renowned experts from the whole world and discuss the latest trends in the prevention, diagnosis and treatment of mental illnesses. You can look forward to a high-quality scientific programme that's in a class of its own. National and international top experts will be attending the World Congress.

Continuing education at the highest level

At the WPA XVII WORLD CONGRESS OF PSYCHIATRY you can keep your knowledge up to date and expand it. The practice-oriented courses of the educational programme are designed to teach subject-specific and interdisciplinary contents and to enhance practical skills. You can choose from about 20 courses, each of which will last about four hours. The courses will be based on the latest scientific findings. Space is limited to a maximum of 30 participants. Both EACCME and CME certification is being applied for. The courses have an additional fee and can be booked when registering for the congress.



Motif WCP 2017 Credit: sborisov/Fotolia

Go on a discovery tour

Besides a top-class scientific programme you can look forward to an extensive variety of tours. These will include various tours of Berlin, e.g., through the Jewish quarter, Nikolai quarter or government quarter. In addition, two pre-congress Scientific Visits are being organised to Heidelberg and Munich. The offerings will also include visits in Berlin to the Museum of Medical History at the Charité, the Topography of Terror Documentation Centre and the Memorial for the Victims of National Socialist “Euthanasia” Killings. The tours have an additional fee and can be booked when registering for the congress.

Important travel information

An identity card is sufficient for participants from EU member countries. All other participants need a valid passport to enter the European Union. Participants from some countries may require a visa.

Visit: www.wpaberlin2017.com, www.facebook.com/wpa2017berlin and www.wpanet.org

Julie Holzhausen, Scientific Secretariat

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■ WPA THEMATIC CONGRESS MELBOURNE FEBRUARY 25-28, 2018



Save the Date for World Psychiatric Association Thematic Congress (WPATC) Melbourne 2018

**Innovation in Psychiatry: Effective Interventions for Health & Society
25-28 February 2018, Melbourne, Australia**

It is with great pleasure that we invite you to join us at the World Psychiatric Association's Thematic Congress "Innovation in Psychiatry: Effective Interventions for Health and Society" in Melbourne. This first congress of the new WPA term will be different in both tone and ambition from international forums of recent years. We

aim to face up to the challenges of innovation, novelty and reform to make psychiatry more relevant and effective for people with, and at risk of, mental illness around the world. Proposal Submission date extended to July 3. Website: <http://wpamelbourne.kenes.com/>

■ WPA BERLIN 2017: YOUNG FELLOWSHIP PROGRAMME AWARDEES - CONGRATULA- TIONS!

As part of the 17th World Congress of Psychiatry, Berlin, October 8-12, 2017, Young Fellowships have been instituted. This time a total of 222 Fellowships - the largest ever have been awarded. Kindly see list

at www.wpanet.org or the Congress website. Hearty Congratulations to all the awardees! Welcoming you all to WCP Berlin once again! Please visit www.wpaberlin2017.com for more details.

News from Zonal Representatives

■ ZONE 2 (UNITED STATES OF AMERICA)



*Anita Everett, M.D.
APA President (2017-18)*

Anita Everett Begins Term as APA President: The end of the 2017 APA Annual Meeting marks the beginning of the presidential term for Anita Everett, M.D. During the Opening Session of the Annual Meeting, she urged, “Keep the engagement going, and don’t drop the connections you make at the Annual Meeting. I encourage each of you to take just one more step to deepen your involvement with APA”.

Dr. Everett is the Chief Medical Officer at the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)

and has a core professional background in Public and Community Psychiatry. She has emphasized that addressing access to quality psychiatric care is a priority during her presidency noting that “effective collaboration with primary care physicians” can be a remedy to increasing access. To see the full list of global mental health sessions presented in San Diego, search “Global Mental Health” at www.psychiatry.org.

Edmond Hsin-tung Pi
WPA Zonal Representative for Zone 2
(United States of America)

■ ZONE 4 (NORTHERN SOUTH AMERICA)

WPA Latin American Regional Meeting, Cuenca, Ecuador, 6th to 11th of February: This meeting was organized by the Ecuadorian Association of Psychiatry and the WPA. Distinguished professors from different continents and well-known psychiatrists from Ecuador and other countries of the region attended this event.

“International Congress for the 50 years of the Specialized Hospital”, San Juan de Dios, “New Challenges in Mental Health”, Quito, Ecuador, February 21 to 23 of 2017: The religious order of “Los Hermanos de San Juan de Dios”, Quito headquarters, organized a congress directed to psychiatrists, psychologists and nurses. This event was conceived from an integrative perspective in the mentally ill patient.

World Congress of Dual Pathology, March 23-26, Madrid: This congress was attended



L to R: Freddy Pagnussat, Pedro Ruiz, Margarita Alegria, Edgard Belfort, and Sylvia Gaviria.

by psychiatrists and other mental health professionals interested in the subject of Dual pathology. There was a notable participation of psychiatrists belonging to WPA Zone 4 who developed different modalities of scientific activities. During this event, the World Dual Pathology Association confirmed its support in order to develop “The First Latin American Congress of Dual Pathology in

Medellin”, Colombia, which will be held at CES University, on September 7-9, 2017

Sylvia Gaviria
WPA Zonal Representative for Zone 4
(Northern South America)

■ ZONE 7 (NORTHERN EUROPE)

The WPA Inter Zonal Congress was held with success in Vilnius, Lithuania from 3rd to 6th of May 2017. It was the first of its kind in Zone 7. Nordic Psychiatric Associations held their meeting at the congress. The plans are proceeding well for the next Nordic Congress to be held in Reykjavik Iceland from the 13th to the 16th of June 2018 (see more at: www.ncp2018.is).

Important trends and topics regarding psychiatry in the Zone 7 countries were discussed. The Danish Psychiatric Association initiated a process that led to the founding of a new network of 28 organizations: “Psykiatri Alliancen”. There is a major lack of psychiatrists within the Baltic countries mostly due to brain drain, because of in-



come differences between other European countries. In Lithuania, municipalities and government have put increasing emphasis on suicide prevention. Decreasing coercion has been an important aim in Norway. Drug-free wards were mandated by a political ultimatum. However, Norwegian studies implicate that little use of antipsychotic medication leads to tendency for more involuntary treatment and seclusion. Finland is still struggling with outlining a health

From left to right, upper row: Elmars Terauds (Latvia), Martin Balslev Jorgensen (Nordic Journal of Psychiatry), Thorgunnur Arsaelsdottir (Iceland), Gudlaug Thorsteinsdottir (Iceland), Ola Marsten (Norway), Jyrki Korkeila (Zone 7 Representative), Sami Pirkola (Finland), Hans-Peter Mofors (Sweden), Kaire Adamsoo (Estonia), Torsten Jacobsen (Denmark), Thomas Middelboe (Denmark), Jan-Olav Johannesen (Norway), and Ramune Mazaliauskiene. Lower row, left to right: Elmars Rancans (Latvia), Nina Lindberg (Finland), and Anders Lehtmetts (Estonia).

care reform. The Swedish association has put a lot of effort in developing their conference and CME. All the associations emphasized the importance of lobbying.

Jyrki Korkeila

WPA Zonal Representative for Zone 7 (Northern Europe)

■ ZONE 9 (CENTRAL EUROPE)

The IV Congress of Psychiatry of Bosnia and Herzegovina with international participation will take place on November 16-19, 2017 in Banja Luka, Bosnia and Herzego-

vina. The main theme of the Congress will be “Psychiatry and Mental Health: Dilemmas and Perspectives”. More information at www.upubih.com/4kongres/en. I hope you will be able to come and participate at this valuable scientific event!

Stojan Bajraktarov

WPA Zonal Representative for Zone 9 (Central Europe)

■ ZONE 10 (EASTERN EUROPE)



Lecture by Prof. Mario Maj at EEE Academy.

Eastern European Educational Academy: In early April, the regular session of the Eastern European Educational Academy of

WPA-Servier was held. Young psychiatrists from Azerbaijan, Belarus, Georgia, Kazakhstan, Russia, and Ukraine took part in the work of the EPA Congress in Florence and prepared new surveys on topical problems of modern psychiatry in order to transfer them to scientific journals of the WPA Zone 10. Thus, over 4 years of the Academy's work, more than 70 reviews in 10 magazines in 7 countries of Eastern Europe have already been published. More than 20 young psychiatrists of the 10th WPA Zone have passed through the Academy.

As usual, members of the Academy had a meeting with one of the world's leading psychiatrists. This time, the lecture “When did it become a mental disorder?” was given by the ex-President of the WPA and the editor-in-chief of the journal “World Psychiatry” Prof. Mario Maj (Italy). Traditionally, as in a number of previous sessions, a seminar on communication skills was held for members of the Academy. WPA-Servier Academy is a part of the educational program of the WPA.



412 young psychiatrists from 66 cities of Russia, Belarus, Poland, Moldova and Ukraine participated in the 13th Suzdal School, which was held under the aus-

pices of the WPA and the Russian Society of Psychiatrists. Such one-week conferences of young scientists have been held in the ancient city of Suzdal (Russia) regularly since

1979. The School was opened by its rector – Prof. P. Morozov. In addition to lectures, seminars, round tables, clinical cases and various training courses, participants took part in a multi-stage competition for the best scientific work. A total of 155 reports were presented, 25 winners received grants to participate in the School.

Peter Morozov

WPA Zonal Representative for Zone 10 (Eastern Europe)

■ ZONE 11 (NORTHERN AFRICA)

Annual meeting of the Egyptian Psychiatric Association, 15-17 March 2017, Cairo: Theme “Challenges in Psychiatric Diagnoses”. Egyptian and Arab psychiatrists shared their research in different psychopathology topics including new categorizations, dimensional approaches and biological therapies.

Prof. Nahla Nagy discussed the updates in pharmacogenetics and differential effects in antidepressants. Zone 11 also participated in the WPA Inter Zonal Congress in Vilnius.

Ain Shams Institute of psychiatry International Congress, May 2017, Cairo: This annual psychiatric congress invited international speakers and early career psychiatrists to share experience about psychiatric practice in the green zone. Dr. Minkenberg Transcul-

tural Psychiatrist and Secretary of the board of Transcultural Psychiatry of Dutch Association gave a workshop about transcultural aspects in psychiatric practices.

Nahla Nagy

WPA Zonal Representative for Zone 11 (Northern Africa)

■ ZONE 14 (EASTERN AND SOUTHERN AFRICA)

Kenya Psychiatric Association/African Association of Psychiatrists and Allied Professionals Joint Scientific Meeting, 30th March-1st April 2017, held in Mombasa, Kenya: The Kenya Psychiatric Association (KPA) in conjunction with the African Association of Psychiatrists and Allied Professionals (AAPAP) held its Annual Scientific meeting in the Coastal City Mombasa from 30th March to 1st April 2017. The theme of

the conference was “*Implementation of Mental Health Research for Policy Development in Africa*”. The conference attracted participants from Kenya, Uganda, Sudan, South Africa, Nigeria, Ghana, Botswana, and UK; that is, all the three WPA Zones in Africa were represented. The key speakers represented the face of Africa. There was strong attendance of trainees and upcoming researchers who were given a chance to make their own presentations.

KPA under the leadership of Dr. Simon Njuguna, is to be congratulated for an excel-

lent conference that represented the face of Africa and brought together different mental health disciplines under the leadership of psychiatry and all that with a shoe-string budget. The office of the WPA Zone 14 played the role of promoting attendance and linking potential participants to the conference organizing committee.

David Ndeti

WPA Zonal Representative for Zone 14 (Eastern and Southern Africa)

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

■ ZONE 17 (EASTERN ASIA)

Several annual meetings of psychiatric associations were held in Zone 17. The annual spring conference of Korea Neuropsychiatric Association was held from April 13 to 14 in Seoul, South Korea, with 22 symposiums, including the theme of a biological psychiatry, psychotherapy, and public mental health. The plenary lecture was given by Dr. Julio Licinio, who is an editor of the journal, *Molecular Psychiatry*. The 113th Annual Meeting of the Japanese Society of Psychiatry and Neurology will be held with

the theme “Linking psychiatric research, education and care: bidirectional talk”, from June 22 to 24 in Nagoya, Japan.

The Korean Mental Health Act, enacted in 1995, had been entirely amended 20 years later, and the amendment was passed by the National Assembly plenary session on May 19, 2015. The amended Mental Health Act have taken effect from May 30, 2017. Since 1995, four amendments have been made according to the

issues about the human rights protection of the mentally ill. The amended Mental Health Act reflects the recent rapid changes in the mental health environment and contributes one more step toward securing human rights for people with mental illness.

Min-Soo Lee

WPA Zonal Representative for Zone 17 (Eastern Asia)

News from Member Societies

■ INDONESIAN PSYCHIATRIC ASSOCIATION

The 5th Congress of Asian College of Neuropsychopharmacology (AsCNP) was held in Bali, Indonesia, from 27th – 29th April 2017. Under the theme “Leap of Recent Neuropsychopharmacology Achievements of This Decade”, this congress successfully brought various updated science in Neuropsychopharmacology field from many professional backgrounds and countries. Viewing the high activity of the congress, there were over 550 registrants from many countries including Indonesia as host, and from Asian countries as follows Japan, South Korea, Taiwan, Hong Kong, China, Singapore, Malaysia, Philippines, Thailand, Egypt, Bangladesh, India, Tunisia, Nepal, and from overseas countries as follows Australia, USA, Canada, UK, and Holland. In conjunction of Indonesia as the host country, Indonesian Association of Biological Psychiatry & Psychopharmacology (IABPP) under Indonesia Psychiatric Association



A photo taken after the Keynote Lectures. From L to R: Pierre Blier (Canada), Anthony A Grace (USA), John H. Krystal (USA), AJ Tanra (Indonesia), and Kazutaka Ikeda (Japan).

tion was cooperated with AsCNP to bring this Congress to its success. The congress brought a great achievement of scientific exchange of all attendances especially members of colleges and psychiatrists.

AJ Tanra

Board member, Indonesian Psychiatric Association

■ AZERBAIJAN PSYCHIATRIC ASSOCIATION

In the last few years Azerbaijan Psychiatry Association was increasingly developed in terms of professional training of members as well as research. It was honor to host Prof. Norman Sartorius and Prof. Graham Thornicroft who provided advance course on the development of Leadership and Professional skills. The annual conference of AzPA was held in Baku in February 2017 where a new Chief editor of Azerbaijan Psychiatry Journal Prof. Fuad Ismayilov has been elected. One of the main goals of Azerbaijan Psychiatry Association is to support early career psychiatrists in their professional gross. In April 2017, Azerbaijan Young Psychiatry Section was officially accepted as a part of AzPA. Our members have



2016-2017 Fogarty Fellows Symposium in Boston with Prof. K. Munir, Narmin Guliyeva, General Secretary and Jamila Ismayilova, Secretary for International Affairs, AzPA.

actively participated at international congresses (EPA, ECNP, EFPT). Five psychiatry train-

ees from Azerbaijan have successfully passed their research fellowship at Harvard University. After coming back, they organized training for their junior colleagues on Epidemiology and Biostatistics at the first time in Azerbaijan. The main purpose of AzPA is to improve workforce for future researches and international collaboration.

Narmin Guliyeva, General Secretary
Jamila Ismayilova, Secretary for International Affairs
Azerbaijan Psychiatry Association

■ BANGLADESH ASSOCIATION OF PSYCHIATRISTS

BAP is the primer platform of psychiatrists working in Bangladesh since inception in 1975. The Annual General Meeting and Election for the Executive committee for 2017-2018 was held on 11 April, 2017 at Dhaka. The newly elected committee headed by Prof. Md. Wazul Alam Chowdhury as the President and Prof. Mohit Kamal as the General Secretary took the charge of the office. More than 200 psychiatrists from all over the country participated in the AGM with valuable comments suggestions and future directions. The new office-bearers are: President (Dr. Md Waziul Alam Chowdhury), Vice-Presidents (Dr. Gopal Sankar Dey,

Dr. Jhunu Shamsun Nahar and Dr. Md. Azizul Islam), General Secretary (Dr. Mohit Kamal) and Organising Secretary (Dr. MZR Khan).

We are very happy to inform you that the 9th International Conference on Psychiatry organized by Bangladesh Association of Psychiatrists (BAP) will be held on 11-12 December, 2017 at the Sayeman Beach Resort, Marine Drive Road, Cox's Bazar, Bangladesh, the largest sea beach in the world in soothing pre-winter environment. You are cordially invited to attend the conference. Detail of the conference will be available in the official website: www.bapbd.org.



Inaugural session of the Bangladesh Association of Psychiatrists EC.

Mohit Kamal
General Secretary, Bangladesh Association of Psychiatrists

■ INDIAN PSYCHIATRIC SOCIETY

It gives us immense pleasure to invite you all to the 70th Annual National Conference of Indian Psychiatric Society, 2018 (ANCIPS 2018) Ranchi to be held from 5 - 8 February 2018 at Central Institute of Psychiatry, Ranchi. The Conference promises to be an Academic & Cultural Feast with confluence of over 3000 Delegates from across the nation & abroad. We would be delighted to have you here in Ranchi to share your experi-

ences and to contribute to the development of future trends in PSYCHIATRY.

A city of beautiful water falls, mesmerizing lakes, and dense forests, Ranchi is the capital of the Indian state Jharkhand. Blessed with numerous waterfalls and lakes, Ranchi is also known as the "City of Waterfalls". We look forward to welcome you in the pleasant weather of January and hope that Ranchi, a

city where the future is being crafted adds aroma to the environment of this scientific meeting. Website: www.ancips2018ranchi.com

MSVK Raju, President
Gautam Saha, General Secretary
Sanjay K Munda, Organising Secretary
Indian Psychiatric Society

■ AMERICAN PSYCHIATRIC ASSOCIATION

APA Welcomes International Members and Innovation in San Diego: The 2017 APA Annual Meeting, 20-24 May, with focus on “**Prevention Through Partnerships**” was a great success with attendees from around the world participating in the four day-long congress in San Diego, California. APA welcomed over 300 new International Members joining the APA over the past year, at a special welcome event. Additionally, over 100 new International Fellows were recognized during the annual Convocation Ceremony. The ceremony included the induction of three new APA International Distinguished Fellows, Fernando Lolas, M.D. of Chile, Victor Buwalda, M.D. of the Netherlands, and Michael Wise, M.D. of the United Kingdom.

The scientific program featured a number of interactive and innovative learning ex-

periences including the Psychiatry Innovation Lab which focused on accelerating innovative ideas to improve the delivery of mental health care. Awards went to several innovations. To learn more about the APA Annual Meeting, go to Psychiatric News at www.psychnews.org. For information on becoming an APA International Member, go to www.psychiatry.org/international.

The American Psychiatric Association is composed of a diverse community of psychiatrists and works in collaboration with medical professional organizations and mental health professionals from around the world. It is dedicated to support-



APA International Distinguished Fellows Fernando Lolas, Victor Buwalda and Michael Wise with the APA Membership Committee Chair, Dr. Rahn Bailey, immediate Past APA President, Dr. Maria Oquendo, and Saul Levin, CEO and Medical Director of APA.

ing its diverse membership and the diverse communities they serve.

■ PSYCHIATRIC ASSOCIATION OF BOSNIA-HERZEGOVINA

The IV Congress of Psychiatry of Bosnia and Herzegovina with international participation, which will be held on November 16 – 19, 2017 in the City of Banja Luka (Bosnia and Herzegovina). Main theme of the Congress will be “*Psychiatry and Mental Health: Dilemmas and Perspectives*”. The Congress is supported by the World Psychiatric Association (WPA Co-sponsored event) and European Psychiatric Association (under the EPA patronage) as a part of the continuous and active participa-

tion of our Association in those major psychiatric associations. I want to invite you to come in Banja Luka in November and share your experiences as well as give active scientific contribution to our Congress. More information are available on Congress website, www.upubih.com/4kongres/en. Welcome!

Marija Burgić-Radmanović
President, Psychiatric Association of
Bosnia-Herzegovina



Prof. Marija Burgić-Radmanović

The traditional Symposium *Mostar's Psychiatric Saturday* has been held for the 14th time in Hotel “ERO” (City of Mostar, Bosnia and Herzegovina), on June 3rd, 2017, under the topic “*Psycho-Oncology: Multidisciplinary Approaches*”. Great interest for the topic attracted more of 190 mental health professionals from all over Bosnia and Herzegovina, as well as Croatia and Slovenia to attend on dynamic scientific sessions provided by 13

speakers from Bosnia and Herzegovina and Croatia, and have inspired many attendees to constructive discussions about this very intriguing, important and for our region new discipline in Psychiatry, passing through the our daily practices. In the beautiful City of Mostar, which restores both intellectually and spiritually, we had a pleasant and useful opportunity to exchange professional experiences and ideas with colleagues and enjoy al-

ways sunny Herzegovina. Therefore, we look forward to following the next, 15th Psychiatric Saturday in June 2018.

Dragan Babić, Vice-President
Goran Račetović, Secretary General
Psychiatric Association of Bosnia-Herzegovina

■ CROATIAN PSYCHIATRIC ASSOCIATION

In April 2017, the Croatian Psychiatric Association (CPA) organized the 14th Croatian Psychiatric Days. As every year, this event focuses on the presentation of clinical cases and offering the opportunity to talk about clinical questions of our everyday practice. This year, a round table on a topic of changing the system for mental health moving toward the community based approach was held. The CPA undertook an additional work to promote several pilot projects aiming to re-organize the local hospital based men-

tal health system into a flexible community mental health approach based on multidisciplinary mobile teams. This is an example of the CPA pushing towards protection and improvement of mental health, by making tangible steps towards more accessible and more effective treatment of persons with mental health disorders.

Since the Croatian Parliament declared the Day of rights of persons with mental illness, in 2012, the CPA organizes an event together

with other governmental and non- governmental partners in mental health every 6th of June aiming to promote the rights of persons with mental illness. This year, the CPA organizes a round table on a topic of “Rights of persons with mental illness in the context of Bill of rights for persons with mental illness issued by the WPA”.

Vlado Jukic, President

Martina Rojnic Kuzman, Secretary General
Croatian Psychiatric Association

■ KENYA PSYCHIATRIC ASSOCIATION



KPA-AAPAP Leadership. Front row: Dr. Japheth Ndegwa, Dr. Judy Kamau, Dr. Thomas Muvonde, Dr. Kingi Mochache, Dr. Jackline Ochieng', Prof. Abdalla Abdelrahman, Dr. Simon Njuguna, Dr. Juliet Nakku, Dr. Abdelrahman Abudoam. Back row: Dr. Susan Hinga, Dr. Ricu Mwenda, Dr. Catherine Gitau, Prof. Solomon Teferra, Prof. Lukoye Atwoli, Dr. Linnet Onger, Dr. Mvuyiso Talatala, Dr. Muthoni Mathai.

This year, Kenya Psychiatric Association (KPA) in conjunction with African Association of Psychiatrists and Allied Professionals (AAPAP) hosted their annual scientific conference from 30th March to 1st April at Pride Inn Paradise Convention Centre in the coastal city of Mombasa. The theme was “Implementation of Mental Health Research for Policy Development in Africa”. With an attendance of about 120 delegates from Kenya, Uganda, Ethiopia, Sudan, South Africa, Botswana, Nigeria, Ghana, Pakistan and USA, we had stimulating and educative discussions under the subthemes: Translating mental health research into policy; Policy guidelines in management of mental disorders; Integrating mental health care in Non Communicable Diseases (NCD) care and Integrating mental health care in HIV/AIDS care.

KPA and AAPAP held their respective annual general meetings, which saw the transitioning of new faces into leadership and the change of AAPAP to AAP (Association of African Psychiatrists). Dr. Simon Njuguna is the Chairman of KPA and Prof. Abdalla Abdelrahman from Sudan, the President of AAP. The conference offered delegates an opportunity to interact, network as well as relax and enjoy the ambience of the Kenyan Coast. Kindly visit our website on www.kenyapsychiatrist.org.

Jackline Ochieng

Honorary Secretary, Kenya Psychiatric Association

■ ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

The RANZCP is delighted to announce the launch of our new Your Health in Mind website, a dedicated site which has been developed to provide expert, trusted information for the public on mental health. Your Health in Mind features expert information – written in plain English – about mental illnesses, treatments, the role of psychiatrists, and how to get help. It's been designed especially for Australians and New Zealanders, can be easily shared, and is based on the best available evidence. Your Health in Mind provides patients, families and the general public with:

- more than 35 easy-to-read fact sheets about mental illnesses, treatments and the health system
- videos to help explain what it's like to visit a psychiatrist or a psychiatric hospital
- the RANZCP's 'Find a Psychiatrist' directory of psychiatrists working in private practice in Australia
- answers to frequently asked questions
- links to recommended services and support organisations.

All content has been written and reviewed by

psychiatrists with expertise in each area, and with significant contribution from consumers and carers. Take a look at yourhealthinmind.org now, or follow Your Health in Mind on Facebook.

The RANZCP also recently welcomed Dr. Kym Jenkins as its new President. Dr Jenkins is Medical Director of the Victorian Doctors Health Program.

■ AUSTRIAN ASSOCIATION OF PSYCHIATRY AND PSYCHOTHERAPY

We have hosted the touring exhibition “Registered-Persecuted-Annihilated – the Sick and Disabled Under National Socialism” which was initiated by the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN). This has previously been shown in various locations and different countries, including Germany, Canada, South Africa, Japan and Australia. The opening took place in Vienna and the inaugural address was given by the president of the National Assembly, followed by a panel discussion in Parliament. In each of the display locations throughout the country, additional information was provided including material about local Austrian victims

and offenders. During the annual conference of our society, the exhibition was made available to all attendees and we unanimously adopted a preamble to our statutes acknowledging the historic guilt of Austrian Psychiatry under National Socialism, and pledging to do our utmost in order to prevent such crimes against humanity in the future.

Sylvia Blebann
Austrian Association of
Psychiatry and Psychotherapy



■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

We are very happy to welcome you to the 24th National Conference of Indian Association for Social Psychiatry, Guwahati, India, 17-19 November 2017. Theme: “Cultural Diversity and Mental Health”. Organizers: 1) Department of Psychiatry, Gauhati Medical College and Hos-

pital 2) Indian Association for Social Psychiatry. Contacts: a) Dr. Utpal Bora b) Dr. Mamta Sood. E-mails: a) drubindia77@rediffmail.com b) soodmamta@gmail.com Website: www.iasp.org.in/ Congress website: www.nciasp2017.in/

Rajiv Gupta, President
Mamta Sood, Secretary General
Indian Association for Social Psychiatry

■ BRAZILIAN ASSOCIATION OF PSYCHIATRY

The 35th Brazilian Congress of Psychiatry will take place on October 25th to 28th, 2017, in São Paulo. There will be over 300 hours of scientific activities split into 48 thematic areas throughout the event. Names such as Louise McCullough (USA), Sidney Kennedy (CAN), Nora Volkow (USA), Viola Oertel-Knöchel (Germany) and Joshua A. Gordon (USA),

director of the National Institute of Mental Health, have already confirmed their conferences during the Congress. About his participation in the Congress, Dr. Gordon explains that “there is no substitute for the exchanges between people that these large international events provide.” Join us at the 35th Brazilian Congress of Psychiatry and take part in the best

of scientific update of our specialty in Latin America. For more information, go to www.cbpabp.org.br and get to know our programme.

Antônio Geraldo da Silva
President, Brazilian Association of
Psychiatry

■ NORWEGIAN PSYCHIATRIC ASSOCIATION (NPA)

With its 2268 members, NPA is the second largest medical section (next to Primary Care) within the Norwegian Medical Association. Every year in March, NPA organizes “Psychiatry week” with lectures, seminars, work-shops and teaching courses for psychiatrists and residents in psychiatry. This year 450 members participated.

Emeritus Professor Ulrik Fredrik Malt took over as president of the NPA May 1st.

Drug-free wards: Following governmental decision, the health authorities have demanded that psychiatry should offer all patients who ask for it, a drug-free treatment alternative. This includes patients with psychotic disorders. No

extra resources are given, however, and there is no requirement of research to assess benefits and drawbacks. The first in-patient facility meeting the new requirements have already been established (6 beds; University Hospital Northern Norway in Tromsø).



*Prof. Ulrik Malt
President, NPA*

Norwegian health authorities have required that within most field of medicine, standardized procedures for assessment and treatment of common disorders

or diseases shall be implemented. NPA is involved in developing several of those “packages”. In March 2017, NPA organized WPA Round table meeting in Oslo (capital of Norway) on the needs for mental health of refugees and asylum seekers in a European setting. Scientific committee was psychiatrists Edvard Hauff and Sverre Varvin and psychologist Nora

Sveaass. WPA President Dinesh Bhugra took the initiative and participated actively.

Ola Marstein
Special Adviser, Norwegian Psychiatric Association

■ MALAYSIAN PSYCHIATRIC ASSOCIATION

On behalf of the Organizing Committee and the Malaysian Psychiatry Association (MPA), we are pleased to receive delegates to the 29th World Congress of the International Association for Suicide Prevention (IASP) and the 21st Malaysian Conference of Psychological Medicine (MCPM). This time around the Malaysian Psychiatric Association (MPA) is working with the International Association for Suicide Prevention and bringing an important conference to Malaysia. The Borneo Convention Centre

Kuching, Sarawak will be the conference centre from the 18th -22nd July 2017. We are excited to have the conference in Sarawak, a brilliant excellent place to visit.

The themes of the congress “**Preventing Suicide: A Global Commitment, from Communities to Continents (IASP) and Mental Illness: Early Intervention Facilitates Recovery (MCPM)**” were fittingly chosen. The themes selected emphasize the direction of mental health services, in the country and

countries in Asia i.e. looking at developing and expanding services related to prevention. The conference will provide an opportunity for all delegates to gain and exchange knowledge, and thereby enrich experience and services. Please visit www.iasp2017.org for more information. Hearty welcome!

Nor Zuraida Zainal
President, Malaysian Psychiatry Association

■ RUSSIAN SOCIETY OF PSYCHIATRISTS

412 young psychiatrists from 66 cities of Russia, Belarus, Poland, Moldova and Ukraine participated in the 13th Suzdal School, which was held under the auspices of the WPA and the Russian Society of Psychiatrists. Such one-week conferences of young scientists have been held in the ancient city of Suzdal (Russia) regularly since 1979. The School was opened by its rector – Prof. P. Morozov. In addition to lectures, seminars, round tables, clinical cases and various training courses, participants took part in a multi-stage competition for the best scientific work. A total of 155 reports



were presented, 25 winners received grants to participate in the School.

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

■ JAPANESE SOCIETY OF PSYCHIATRY AND NEUROLOGY

The 113th Annual Meeting of the JSPN was held at the Nagoya Congress Centre, Nagoya from June 22– 24, 2017. Theme: Linking psychiatric research, education and care: bidirectional talk. Prof. Norio Ozaki (Nagoya University Department of Psychiatry) was the President of the Congress. The JSPN places great emphasis on education, with the first of its ten priority items being the firm establishment and development of a board certification system and the fifth the training of the next generation of psychiatrists.



113th JSPN at Nagoya. Seated from left to right are: Shigenobu Kanba (President JSPN), Norio Ozaki (Congress President), Michael First, and Naotaka Shinfuku. Standing: Tsuyoshi Akiyama, Kym Jenkins (President RANZCP), Jon Cullen, Helen Herrman (President-Elect WPA), Robert Freedman, Michelle Riba, Kenneth Kendler, and Susan Miller.

News from WPA Sections

WPA Secretary for Scientific Sections, Afzal Javed, afzal.javed@ntlworld.com



■ INTER SECTIONAL MEETING, CHALKIDIKI, GREECE

A visible presence of a number of WPA Scientific Sections at the recently held meeting of ISNP at the 5th International Congress on Neurobiology, Psychopharmacology and Treatment Guidance in Chalkidiki, Greece, on May 25th-28th, 2017 proved an important milestone for the success of this scientific congress. This Congress was co-sponsored by the WPA and it was held under the auspices of the School of Medicine Aristotle University of Thessaloniki, Greece and the Hellenic Psychiatric Association. Special focus of the Congress was on the neurocognitive functions and the interdisciplinary and collaborative care.

Chairs of WPA Sections from Evidence Based Psychiatry, Psychiatry and Sleep Wakefulness Disorders, Immunology and Psychiatry, Genetics in Psychiatry, Mental Health, Psychiatry, Law and Ethics and Interdisciplinary Collaboration presented in the scientific programme along with the WPA Secretary for Scientific Sections Dr. Afzal Javed. A special feature was the Award Ceremony where Prof. Angelos Halaris, Chair of Section on Immunology and Psychiatry and Prof. Constantin Soldatos were given special awards in recognition of their contributions to psychiatry and research.



Award ceremony: Constantin Soldatos, Angelos Halaris, Afzal Javed (WPA Secretary for Scientific Sections), and others are seen.

MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to
Prof. Roy Abraham Kallivayalil, Secretary General, wpasecretariat@wpamet.org.

A copy may be marked to roykalli@gmail.com

■ PSYCHIATRY AND SLEEP WAKEFULNESS-DISORDERS

During the last months, our Section was active at different congresses. In October 2016, the Section was present with a symposium on “Sleep and Psychiatry in the Elderly” in the joint congress of the 16th annual meeting of geriatric psychopharmacology and the 5th international congress on psychiatry and the neurosciences in Athens, Greece, from October 6 to 8. Another Section symposium took place at the 5th international congress on “Neurobiology, Psychopharmacology and Treatment Guidance” in Porto Carras, Chalkidiki, Greece. Issues like therapeutic sleep deprivation or physical activity in the treatment of depression were addressed in our session. The meeting has created a splendid occasion to exchange and discuss current

problems in sleep bridging the gap between basic research and clinical application. For the near future, a WPA Section symposium is scheduled to take place during the WPA Congress in Berlin in October 2017. We are looking forward to meeting any interested colleagues from all over the world during this upcoming world congress in order to foster scientific exchange and perhaps new collaborations.

Martin Hatzinger

Chair, Section on Psychiatry and Sleep Wakefulness Disorders



Chairpersons and speakers of the Section symposium on Psychiatry and Sleep-Wakefulness Disorders in Porto Carras, Chalkidiki/Greece. From L to R: Christoph Nissen (Switzerland), Edith Holsboer-Trachsler (Switzerland), Constantin Soldatos (Greece), Anne Eckert (Switzerland), and Dimitris Dikeos (Greece).

■ POSITIVE PSYCHIATRY

Positive Psychiatry is a newer branch of psychiatry dedicated to the science and practice of enhancing positive psychosocial health and wellbeing. The Positive Psychiatry Section was established in 2016, our inaugural newsletter published in the summer of last year.

See http://www.wpanet.org/detail.php?section_id=11&content_id=1760

Clinician tools to promote brain health and resilience in practice are now developed. Visit <https://fountainofhealth.ca/clinicians-corner> to access free mental wellness promotion materials to use in frontline care. Com-

munity applications of positive psychiatry are outlined in a paper “Age Friendly Communities Initiative: Public Health Approach to Promoting Successful Aging”, published in The American Journal of Geriatric Psychiatry DOI: <http://dx.doi.org/10.1016/j.jagp.2016.07.021>

In response to a growing interest in Positive Psychiatry, this year our Section members were invited keynotes at the Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting, the National Initiative of Care of the Elderly conference and Baycrest Clinical Conference, and will also be presenting at

the upcoming American Psychiatric Association meeting, Canadian Psychiatric Association meeting and Canadian Consortium on Dementia meeting. Section members Dr. Dilip Jeste, Dr. Kiran Rabheru and Dr. Beverley Cassidy will co-present at the inaugural Positive Psychiatry Symposium at the World Psychiatric Association Congress in Berlin in the fall 2017, a session that will highlight the above priorities and activities of the Section.

Keri-Leigh Cassidy

Editor, Section on Positive Psychiatry

■ PREVENTIVE PSYCHIATRY

Under the auspices of the Section, the World Health Day was observed on April 7th, in a grand manner at Pushpagiri Institute of Medical Sciences, Tiruvalla, India. Theme: “Depression-Let’s talk”. Anto Antony, Member of Parliament, India inaugurated the event and spoke about the value of mental health and the necessity of early diagnosis of depression. He extended his full support to our campaign. The event was held in collaboration with the Indian Medical Association and WASP. Roy



Anto Antony Member of Parliament, India lights the lamp to mark the inauguration of the World Health Day 2017. Seen from L to R: Dr. Jacob Abraham, Dr. Roy Abraham Kallivayalil (WPA Secretary General), Rev. Dr. Shaji Vazhayil (Chairman PIMS), Dr. Varghese P Punnoose, Dr. CR Radhakrishnan, Dr. TP Thankappan (Principal), and Rev. Dr. Mathew Mazhavancheril (Director, Academics).

Abraham Kallivayalil, Secretary General, WPA delivered the Presidential Address and said, for the first time in several years, mental health has been chosen as the theme for World Health Day. A major barrier is stigma which prevents people from seeking help. Rev. Dr. Shaji Vazhayil (Chairman), Dr. TP

Thankappan (Principal), Rev. Dr. Mathew Mazhavancheril (Director, Academics), and Dr. Jacob Abraham (Prof of Community Medicine) also spoke on the occasion. Dr. Varghese P Punnoose (Prof & HOD Psychiatry, Medical College, Kottayam, India) delivered a special lecture on the theme. A Quiz

competition for medical students and a cultural programme were the other highlights.

Roy Abraham Kallivayalil, Past Chair
UC Garg, Secretary
Section on Preventive Psychiatry

■ PSYCHIATRIC REHABILITATION

The World Psychiatric Association (WPA) Section on Psychiatric Rehabilitation is collaborating with WAPR (World Association for Psychosocial Rehabilitation) to host the 2017 Asia Pacific Meeting of WAPR at Bangkok, Thailand on 1-3 September 2017. Theme: "Psychosocial Rehabilitation for Persons with Psychotic Disorder". There will be 4 plenary

lectures, 2 plenary symposia, 14 regular symposia, 3 workshops and free communication both oral and poster presentations. We enthusiastically hope that this meeting will stimulate great interest and generate the knowledge exchange in psychiatric rehabilitation, schizophrenia as well as the clinical practice for management of other mental illnesses. For

more information regarding the WAPR-ACSR 2017, please visit our congress website www.acsr2017.com or contact the officers of WPA Section on Psychiatric Rehabilitation.

Pichet Udomratn
Chair, Section on Psychiatric Rehabilitation
upichet@medicine.psu.ac.th

■ HIV/AIDS PSYCHIATRY

Members of the WPA Section on HIV/AIDS Psychiatry met at the APM Annual Meeting in Austin, Texas on November 11, 2016 and have continued to work together to develop proposals for 2017 WPA meetings throughout the world and for APA, AAPDP, APM, and EAPM annual meetings. Dr. Karinn Glover presented at the WPA International Congress in Cape Town, South Africa in November 2016. Drs. Alfonso, Ashley, Cohen, Cozza, and others have submitted Section and Intersectional proposals for presentation at the 2017 WPA World Congress in Berlin.

Many members contributed to the second edition of the *Comprehensive Textbook of*

AIDS Psychiatry – A Paradigm of Integrated Care. We are pleased to report that the textbook was published by Oxford University Press in May 2017. It will be available to the public on or before June 12, 2017 in the USA and in August 2017 outside the USA. The textbook was edited by Drs. Cohen, Gorman, Volberding, Jacobson, and Letendre. Our HIV Psychiatry Quarterly Updatable Annotated Bibliography can be accessed at: <http://www.apm.org/library/articles/2016-Q4/hiv.shtml>

We are pleased to report that our Section now has 394 members. We plan to hold meetings of our Section at the 2017 World

Congress in Berlin and at the APM Annual Meeting in Palm Springs, California in November 2017. We look forward to seeing you there. Please note that our Section now has a new listserv address: hiv-aids@list.apm.org. We invite you to attend our meetings and explore our web page at: <http://apm.org/sigs/oap/>. We welcome new members and invite you to join our SIG at: <http://www.apm.org/sigs/oap/signup.shtml>

Mary Ann Adler Cohen, Chair
Jordi Blanch, Secretary
WPA Section on HIV/AIDS Psychiatry

■ IMMUNOLOGY AND PSYCHIATRY

At the 5th International Congress on Neurobiology, Psychopharmacology & Treatment Guidance held in Chalkidiki, Greece, May 25-28, 2017, the Section Chair Dr. Angelos Halaris, gave two lectures representing the Section: i) Role of growth factors in neurogenesis and depression, and ii) Modulation of inflammation may arrest neuroprogression in treatment resistant bipolar depression.

At the WPA World Congress to be held in Berlin, October 8-12, 2017 the Section Symposium titled "The Future of Psychoneuroimmunology: Promises and Challenges" has been included in the program. The symposium will be co-chaired by Dr. Angelos Halaris and Dr. Karl Bechter. At Berlin, a new monograph will be launched titled: "Neuroprogression in Psychiatric Disorders". The monograph is edited by Dr. Angelos Halaris and Dr. Brian

Leonard and includes chapter contributions from several members of the Section on Immunology and Psychiatry. A meeting of Section members will be held during the Congress at which time election of new officers will take place. The time and place of this meeting will be announced in due time.

Angelos Halaris
Chair, Section on Immunology and Psychiatry

■ PSYCHOLOGICAL CONSEQUENCES OF TORTURE AND PERSECUTION

Our Section, at its most recent board meeting agreed, instead of updating members on regular scientific activities, to remind all members of the WPA of its current focus on the proposal of amending the Madrid Declaration, concerning the banning of participation of medical doctors in interrogation and torture. We feel there is urgency to this matter since – as seen recently in various parts of the world – boundaries between the medical profession, and the field of war, or authoritarian politics, have been

blurred. As the WPA meeting in Berlin draws near, we hope for executive approval. This initiative, submitted to the attention of the WPA during the regional meeting in Tbilisi, in April 2016, went through a lengthy process of validation through consultation of experts and endorsement by both members of the Section as well as other organizations. Furthermore, it underwent a thorough critical appraisal by professionals in the field during the roundtable at the WPA meeting in Cape Town, November 2016. This final document, we believe, represents a focal point in the recent history of our medical profession. We call upon our colleagues, and our organization, to rally behind what is most deeply Hippocratic in our oath: a doctor shall never, first and foremost, do harm to his/her patient.

Gabriel Diaconu

Co-chair, Section on Psychological

Consequences of Torture and Persecution

■ WPA: PUBLIC EDUCATION INITIATIVES

Public Education Initiatives of WPA have been carrying out various activities since WPA Madrid Conference, 2014. It has created 18 information capsules on mental illnesses and health; series of 'Mind' related articles every month (print and electronic) in an international magazine, 'India Empire' (15 articles have come out till now); created four short films 'Beneath the Masks', 'Beyond the Labels', 'Overcoming Depression' and 'Mental Health' for All, for Life; has facilitated four Goodwill Ambassadors of WPA – Mr. Suresh Oberoi, Dr. Mohan Agashe, Mr. Kunal Nayyar (International Actors) and Brahmakumari Shivani (motivational speaker) who have given their video messages for WPA; Video and audio messages of WPA office bearers and other professionals. All these are on WPA website:

www.wpanet.org, in 'home page', 'Public education subsection of the education section' & 'WPA in News'. The initiative has created workshop modules for training of professionals which was carried out in WPA Cape Town conference, 18th November, 2016 and would also be carried out in WPA Berlin Congress, October 2017. Public education strategies are cost effective, efficacious and need to be learnt and employed for promotion of health, prevention and wholistic management of disease and to remove the stigma of emotional distress and mental illnesses.

Dr. Avdesh Sharma

(International Lead, Public Education Initiatives, WPA)

wpubluceducation@gmail.com

sharmaavdesh@gmail.com



Avdesh Sharma, Sujatha Sharma, Bulent Coskun and other participants of workshop on MindWatching - Public Education Initiatives of WPA on 18th Nov. 2016 at WPA Conference in Cape Town.

■ WPA IN THE SOCIAL MEDIA

WPA regularly updates mental health professionals and the public across the globe about the new initiatives and activities of the Association, and developments in the field of mental health, through our strong presence in the major social media sites. Links to all social media accounts are incorporated in our website, <http://www.wpanet.org/>.

Our Twitter profile is https://twitter.com/wpa_headoffice. Currently it has 448 followers and 104 likes. It frequently shares information about major events of WPA and other major mental health organizations, relevant news items related to mental health, etc.

Our Facebook page is <https://www.facebook.com/wpanet/>. It is currently liked by 489 people from

45 countries and 34% are from the age group 25-34. The page is also followed by 531 people.

Our YouTube page is <https://www.youtube.com/channel/UCwrrPBt6BE8qvj5Ck1yM-L6A>. As of now, the page features eight videos that help raise awareness on various mental health issues, including videos from WPA Mind Matters. The page has 17 subscribers.

All WPA Member Societies are requested to include links to the above social media accounts in their respective websites, and spread the information about these accounts in their respective countries, so that the information we provide becomes of use to more and more men-

tal health professionals and the general public interested in the field.

Shahul Ameen
Asst Editor



■ GENEVA PRIZE FOR HUMAN RIGHTS IN PSYCHIATRY 2017

The Prize is awarded to ALAS PRO SALUD MENTAL, a nongovernmental organization fighting for the rights of the mentally ill in Guatemala. Founded in 2013, this organization is at present the only NGO in Guatemala working to assist the access of the indigenous rural population to psychiatric care.

The Geneva Prize Jury particularly valued the work from among 15 candidates comprised of individuals, institutions and NGOs. The President of the Jury, Luc Ciompi, Professor Emeritus of the Department of Social Psychiatry, University of Bern, Switzerland, drew attention to the fact that ALAS PRO SALUD MENTAL works in a particularly defavoured region of the world, dominated by poverty and violence and ravaged

by a long civil war and by natural catastrophes (hurricanes). The Jury considered that the work of ALAS PRO SALUD MENTAL is courageous because of the real dangers which exist to those involved. This NGO has been successfully fighting for human rights in Guatemala against the stigma and discrimination from which the mentally ill suffer – thus fulfilling the specific objectives of the Geneva Prize.

The Geneva Prize for Human Rights in Psychiatry was created in 1999 in Geneva, Switzerland on the occasion of the 50th anniversary of the Universal Declaration of Human Rights. In 2017 the 20'000 Swiss francs' Prize will be awarded for the 7th time and will be presented to ALAS PRO SALUD MENTAL

in Berlin in October 2017, on the occasion of the **17th World Congress of Psychiatry**.

The Board of Foundation of the Geneva Prize for Human Rights in Psychiatry is presided by Francois Ferrero, Professor Emeritus, University of Geneva, Switzerland. The Jury of the 2017 Prize comprised: Marianne Kastrup, Denmark, Elisabeth Decrey-Warner, Switzerland, Dinesh Bhugra President of the World Psychiatric Association, Pierre Vallon, Switzerland, Robert Roth, University of Geneva and Olivier Vodoz, lawyer, Geneva.

Prof Francois Ferrero
francois.ferrero@unige.ch
Website: www.geneva-prize.ch

News from WPA Affiliated Associations

■ EUROPEAN FEDERATION OF ASSOCIATIONS OF FAMILIES OF PEOPLE WITH MENTAL ILLNESS

Caring for Two, a new brochure co-produced by EUFAMI on caring for someone with mental ill health. Depression is a complex condition with a broad mix of symptoms. It is the leading cause of disability and affects 350 million people. Prevention, treatment and re-

covery are most efficient when there is a collaborative effort involving patients, their family, friends, service providers, healthcare professionals, and employers. This guide is intended to support you in taking care of yourself and taking care of your loved one. It is based on ad-

vice from experienced caregivers at EUFAMI. In the first section, we offer you four steps to take good care of yourself. In the second section, we have three steps on caring for your loved one.

■ ASIAN FEDERATION OF PSYCHIATRIC ASSOCIATIONS

AFPA's 6th World Congress of Asian Psychiatry, Abu Dhabi: A record registration of more

than 600 delegates from regional and Asian countries for the congress made this meeting

a real success. The congress also received an enthusiastic support from many international

organisations. The scientific programme that included teaching and training workshops (on CBT, Learning Disability and Examination skills), programme for young psychiatrists, plenary Round Table sessions, special sessions in collaboration with EPA, PRCP, SAARAC Psychiatric Federation, and the Royal College of Psychiatrists overseas Divisions, two presidential symposia on collaborative Research in Asia and Problems of mental health care in low and high-income countries. Another special feature of the congress was a special plenary session where president of EPA (Silvana Galderisi), African Association (Solly Ratae-

mane), Arab Psychiatric Federation (Nasser Shuriquie), and Latin American Psychiatric Association-APAL (Immediate Past president-Rodrigo Cordoba), participated. The WPA Forum was chaired by Dinesh Bhugra and attended by members of the EC (Helen Herrman, Afzal Javed) and Zonal Representatives (Khalid Mufti, Walid Sarhan and Edmond H. Pi). Poster sessions and satellite symposia supported by pharma industry were also held.

Afzal Javed (President)

Samia Abul (Chair Local Organising Committee)



WPA Forum during WCAP at Abu Dhabi. Afzal Javed (Secretary for Scientific Sections), Helen Herrman (President-Elect), Dinesh Bhugra (WPA President), Walid Sarhan, Edmond Pi, and Khalid Mufti (ZRs) are seen.

■ INTERNATIONAL ASSOCIATION OF ETHNOPSYCHOLOGISTS AND ETHNOPSYCHOTHERAPISTS

Mental Health Research Institute (headquarters of the International Association of Ethnopsychologists and Ethnopsychotherapists, Tomsk, Russia) is performing consolidating role in the formation and development of the

main directions of ethnocultural psychiatry and addiction psychiatry in the regions of Siberia and Far East. Results of transcultural research of Tomsk scientists are recognized in Russia and abroad. In 2016 and 2017 several

publications have been published: monograph in Russian language "Ethnocultural paradigm of formation of alcohol dependence" (authors: N. Bokhan, A. Mandel, I. Badyrgy) and three chapters in foreign multi-author books.

International Education Courses were carried out under the aegis the International College of Neuropsychopharmacology (CINP) and on initiative of the Mental Health Research Institute (office of the International Association of Ethnopsychologists and Ethnopsychotherapists, Tomsk, Russia). During this year, the Courses were conducted for the fifth time. In Tomsk on May 15, the Course "Modern problems of neurobiology and psychopharmacology of

posttraumatic stress disorders and anxiety disorders" started which continued on 17 May in Kemerovo and on 19 May in Novosibirsk.

Svetlana Ivanova

Nikolay Bokhan

Svetlana Vladimirova

International Association of Ethnopsychologists and Ethnopsychotherapists



Organizing Committee of the courses: Arkady Semke, Alexey Kostin, Anton Loonen, Svetlana Ivanova, Brian Leonard, Nikolay Bokhan, and Nikolay Kornetov are seen.

■ INTERNATIONAL SOCIETY OF PSYCHOLOGICAL AND SOCIAL APPROACHES TO PSYCHOSIS

ISPS is an international organization promoting psychotherapy and psychological treatments for persons with psychosis (a term which includes persons diagnosed with "schizophrenia"). Are you looking for psychological treatments for psychosis? Come to Liverpool! Do you want to connect with over 1,500 people around the globe who are dedicated to the psy-

chosocial treatment of psychosis? Is your aim to understand and treat serious mental health problems such as psychosis in a dimensional, not categorical perspective. Join us at the 20th biennial International Congress of ISPS "Making REAL change happen" in Liverpool, UK 30 August-3 September 2017 - www.isps2017uk.org. Find out more about ISPS www.isps.org.



■ EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

It has been a fruitful year for the EFPT. Psychiatric trainees representing over 30 member countries have organized their efforts in eight working groups, published, made presentations, inspired colleagues from overseas to establish their own associations. Finally, the year-long preparations for our annual meeting will conclude on June 30- July 4 at the **25th EFPT Forum in Istanbul**. The Local Organizing Committee has prepared a

program aiming to present an unforgettable EFPT Forum and to demonstrate the richness and diversity of psychiatry in Turkey. We will be discussing **“Gateways to Hope”** in psychiatry in each participating country, from in and beyond Europe. It is a great pride and privilege for us to host the EFPT Forum in Turkey – we deeply hope that it will serve as a source of inspiration during the hard times our world is suffering. We are

looking forward to welcoming medical students, psychiatric trainees and early career psychiatrists to celebrate the silver anniversary of our Federation in Istanbul!

Seán Naughton

Secretary-General, European Federation of Psychiatric Trainees

■ LITHUANIAN CULTURAL PSYCHIATRY ASSOCIATION

This year Lithuania hosted the WPA Inter Zonal Congress, Vilnius, Lithuania, 3-6 May 2017. This was the 4th international professional event in Lithuania. This time, pre-congress activities were held at the Parliament House when discussion between the world leaders in Psychiatry, Lithuanian Psychiatrists and the Speakers of the Parliament, took place. Main problems in Lithuanian psychiatry were

identified such as a) top rates for suicides over the years b) the void on the Code of Ethics for Lithuanian Psychiatrists, and c) a need to strengthen the psychotherapy services in the country. Three previous Congresses were organized by the Lithuanian Society for Biological psychiatry led by Prof. Robertas Binevicius, and the other two by the Lithuanian Cultural Psychiatry Association, both held at the Parlia-

ment House of Lithuania and attended by local Speakers of the Parliament House.

Palmira Rudaleviciene

President, Lithuanian Cultural Psychiatry Association

■ WORLD ASSOCIATION OF DYNAMIC PSYCHIATRY (WADP)

The 18th World congress of WADP, **“Creative Processes in Psychotherapy and Psychiatry”** was held in Florence, Italy from 19 to 22 April 2017. Psychiatrists, psychotherapists, specialists in neuroscience, clinical psychologists and social workers from 36 countries including Europe, Russia, USA, Israel, Australia, Argentina, China, India, Malaysia participated. The actual congress topic was chosen because we are living in the rapidly changing world, globalization and overwhelming amounts of often contradictory information define new challenges for the patients and professionals mental capacities. The Congress provided comprehensive coverage of the various areas dealing with research of creativity.

In her greeting words WPA president-elect Prof. Helen Herrman emphasized the role of the WADP in the integration of psychotherapy in the treatment system of the wide range of mental disorders. In his plenary lecture WADP President Prof. Neznanov stressed the importance of the search of the creative solutions we need to find, to overcome the still existing prejudices and stigmatization of mentally ill as well the mental health specialist in the society. The WADP general secretary Prof. M. Ammon presented the highlights of the G. Ammon theory of creativity stressing that the treatment goal is not only to reduce symptoms but also to help the patient to find his own creative life style, providing him the appropriate level of life quality.

All the sessions were very well attended. 624 participants took part in the work of the congress. In conclusion we can say that the congress succeeded to be a synthesis of different approaches dealing with the processes of creativity in psychiatry and psychotherapy. It provided the participants with new ideas, new experiences and new friends.

N. G. Neznanov, President

M. Ammon, General Secretary

A. V. Vasileva

World Association of Dynamic Psychiatry (WADP)

Future WPA Scientific Congresses and Meetings

August-September 2017

30 August-3 September 2017: 20th International Congress of ISPS “Making Real Change Happen”, Liverpool, UK. Organizer: The International Society for Psychological and Social Approaches to Psychosis. Contacts: a) Dr. Brian Martindale b) Antonia Svensson. E-mail: isps@isps.org Website: www.isps.org

September 2017

14-15 September 2017: UPDATES IN SCHIZOPHRENIA, Coventry, UK. Organizer: Midlands Psychiatric Research Group and WPA Scientific Sections. Collaboration: WPA Scientific Sections. Contact: Afzal Javed. E-mail: afzalj@gmail.com

14-16 September 2017: “6th European Conference on Schizophrenia Research”, Berlin, Germany. Organizer: European Scientific Association on Schizophrenia and Other Psychoses. Contact: Prof. Wolfgang Gaebel. E-mail: wolfgang.gaebel@esasnet.eu

October 2017

8-12 October 2017: WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment”, Berlin, Germany. Organizer: German Association for Psychiatry, Psychotherapy and Psychosomatics. Contact: Prof. Peter Falkai. E-mail: wpa2017@cpo-hanser.de Website: www.wpaberlin2017.com

10-12 October 2017: “ASEAN Conference on Healthy Ageing 2017”, Sarawak, Malaysia. Organizer: Malaysian Healthy Ageing Society. Contact: Prof. Dr. Philip George. E-mails: a) drphilgeorge@gmail.com b) info@healthyageing.org Website: www.acha2017.com/

13-15 October 2017: “Medical Science and Health Paradigm Change”, Milan, Regione Lombardia, Italy. Organizer: Person-centered Medicine International Academy. Collaboration: Niguarda Hospital, Milan School of Medicine. Contacts: a) Laura Frigerio MD (laura.frigerio@healthparadigmchange.it) b) Prof. Giuseppe R. Brera (gbrera@unambro.it) © Scientific coordination (cviolato@umn.edu) Websites: a) www.healthparadigmchange.it b) www.personcenteredmedicineblog.wordpress.com

19-21 October 2017: 17th Czech-Slovak Psychiatric Convention “Together for Changes in Psychiatry”, Bratislava, Slovakia. Organizer: Slovak Psychiatric Association. Contact: Lubomira Izakova, M.D., PhD. E-mail: luba.izakova@nextra.sk Website: www.psychiatry.sk

26-29 October 2017: 19th Annual Conference of International Society of Addiction Medicine “Addiction Medicine New Frontier”, Abu

Dhabi, United Arab Emirates. Organizer: International Society of Addiction Medicine. Collaboration: National Rehabilitation Center, Abu Dhabi. Contact: Dr. Tarek Gawad. E-mail: Tarek.gawad@nrc.ae Website: www.isam2017abudhabi.ae

November 2017

2-5 November 2017: World Federation for Mental Health World Congress 2017 “Partnerships for Mental Health”, New Delhi, India. Organizer: Caring Foundation, New Delhi. Contact: Dr. Sunil Mittal. E-mail: sunil.manu@gmail.com Website: www.wfmhindia.com

10-12 November 2017: 14th Biennial Conference of Indian Association of Child and Adolescents Mental Health “Positive Mental Health for Children and Adolescents”, Kolkata, India. Organizer: Indian Association of Child and Adolescent Mental Health (IACAM). Contact: Dr. Devashish Konar. E-mail: devkon59@yahoo.com Website: <https://www.childindia.org/>

16-19 November 2017: IV Congress of Psychiatry of Bosnia and Herzegovina with international participation “Psychiatry and Mental Health: Dilemmas and Perspectives”, Banja Luka, Bosnia and Herzegovina. Organizer: Psychiatric Association of Bosnia-Herzegovina. Collaboration: 1) University Clinical Center of the Republic Srpska, Banja Luka 2) School of Medicine, University of Banja Luka. Contacts: a) Prof. Marija Burgić-Radmanović (mburgic@gmail.com) b) Dr. Goran Račetović (gracetovic@yahoo.com); kongres@upubih.com Website: www.upubih.com/4kongres/en

16-20 November 2017: XXV National Congress of Mexican Psychiatric Association “Psychiatry in Mental Health: Neurosciences, Clinical and Community Psychiatry”, Merida, Yucatan, México. Organizer: Mexican Psychiatric Association. Contact: Virginia Rosabal. E-mails: a) virginiarosabal@gmail.com b) aspsiqm@prodigy.net.mx Website: <http://www.psiquiatrasapm.org.mx/>

17-19 November 2017: 24th National Conference of Indian Association for Social Psychiatry “Cultural Diversity and Mental Health”, Guwahati, India. Organizers: 1) Department of Psychiatry, Gauhati Medical College and Hospital 2) Indian Association for Social Psychiatry. Contacts: a) Dr. Utpal Bora b) Dr. Mamta Sood. E-mails: a) drubindia77@rediffmail.com b) soodmamta@gmail.com Website: <http://www.iasp.org.in/>

22-24 November 2017: 5th International Conference of Psychotraumatology and Mediation 2017 (SPM-2017) “Wars, Trauma, Migrations and Global Mental Health for refugees in Developed countries and in Developing countries for civil populations

and refugees: what innovations in the treatment, in mediation, conflict management and human rights”, Centre International de Conférences, Geneva (CICG), Switzerland. Organizers: Institute of Psychotraumatology and Mediation University of Geneva, Geneva University Hospitals. Collaboration: State of Geneva, Swiss Federal Government and many other national and international humanitarian and professional associations, organizations, etc. Contact: Dr. Issack Biyong. E-mail: ibiyong@ipm-int.org

26-29 October 2017: 19th Annual Conference of International Society of Addiction Medicine “Addiction Medicine New Frontier”, Abu Dhabi, United Arab Emirates. Organizer: International Society of Addiction Medicine. Collaboration: National Rehabilitation Center, Abu Dhabi. Contact: Dr. Tarek Gawad. E-mail: Tarek.gawad@nrc.ae Website: www.isam2017abudhabi.ae

January 2018

24-26 January 2018: “AFPA International Conference and 44th Annual Convention of Philippines Psychiatric Association” with the theme “Advances, impacts and Future Directions of Psychiatry”, Manila, Philippines. Organizers: 1) Asian Federation of Psychiatric Associations 2) Philippines Psychiatric Association. Contacts: a) Afzal Javed (afzalj@gmail.com) b) Rene M. Samaniego (dr.rene.sam@gmail.com)

February 2018

13-15 February 2018: 3rd International Women’s Mental Health Conference, Al-Khobar, Saudi Arabia. Organizer: International Society of Women’s Mental Health. Contact: Dr. Nada Al-Zaidi. E-mail: dr_nmz@hotmail.com

25-28 February 2018: WPA Thematic Congress ‘Innovation in Psychiatry: Effective Interventions for Health and Society’, Melbourne, Australia. Contact: Andrea Pound. E-mail: andrea.pound@unimelb.edu.au

May 2018

2-4 May 2018: Emerging mental health challenges across the globe “Epidemiology and Public Health”, New York, USA. Organizer: Columbia University Mailman School of Public Health. Contact: Katherine M. Keyes. E-mail: kmk2104@columbia.edu Website: http://www.wpaepi2018.org/

June-July 2018

28 June-1 July 2018: 2nd International Congress on Evidence Based Psychiatry: From research to clinical practice, Kavala, Greece. Organizer: International Society on Neurobiology and Psychopharmacology. Collaboration: WPA Section on Evidence Based Psychiatry. Contact: Dr. KN Fountoulakis. E-mail: kostasfountoulakis@gmail.com Website: www.psychiatry.gr

July 2018

5-7 July 2018: XIII WAPR World Congress “Recovery, Citizenship, Human Rights, Reviewing consensus”, Madrid, Spain. Organizer: World Association for Psychosocial Rehabilitation (WAPR). Contact: Sandra Mérida. E-mail: smerida@fase20.com Website: www.fase20.com

October 2018

19-21 October 2018: The II Congress on Mental Health: Meeting the Needs of the 21st Century “Mental Health and Education”, Moscow, Russia. Organizers: 1) Union for Mental Health of Russia 2) Russian Society of Psychiatrists 3) Russian Professional Psychotherapeutic League 4) Russian Psychological Society. Collaboration: 1) European Psychiatric Association (EPA) 2) World Council for Psychotherapy (WCP) 3) Action for Mental Health (AMH) 4) International Association on Social Security (ISSA). Contact: Dr. Olga Pazyna. E-mail: pazyna@mental-health-russia.ru Website: www.mental-health-congress.ru

WPA ON FACEBOOK AND TWITTER

Our Facebook page is <https://www.facebook.com/wpanet/>

Please visit and record your ‘like’ and send in your suggestions. And kindly convey this information to all Member Societies in your Zone. Recently we have re-activated the page and it is currently liked by 522 people from 45 countries..

The page is also followed by 565 people.

Kindly follow WPA in Twitter [@wpa_headoffice](#)

Social discrimination against people with mental illness in law in majority of 193 countries’ laws by [@wpa_headoffice](#) a good starting point

WPA NEWS

Official Quarterly News Bulletin of WPA



WORLD PSYCHIATRIC ASSOCIATION
الجمعية العالمية للطب النفسي
世界精神病学协会
ASSOCIATION MONDIALE DE PSYCHIATRIE
WELTVERBAND FÜR PSYCHIATRIE
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA
ВСЕМИРНАЯ ПСИХИАТРИЧЕСКАЯ АССОЦИАЦИЯ
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

JULY 2017

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**ECP (Early Career Psychiatrist)

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The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 140 (including two ad hoc associations), spanning 120 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 72 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).



What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances